

HEALTH & FITNESS APP — 2024

NutriTrack

Your Body. Your Data.

A dark-mode first mobile app that turns complex nutritional data into a beautifully intuitive experience — helping users build real health habits without the overwhelm.

DESIGNER

Omar

ROLE

UI / UX Design

PLATFORM

iOS Mobile

SCREENS

10 Designed



SCROLL TO EXPLORE

Designed to *feel* as good as it works

NutriTrack reimagines the daily ritual of health tracking. Instead of sterile spreadsheets, users get a premium dark interface that respects their data without burying it in complexity. Every interaction was crafted to reduce friction and increase consistency.

Calorie Tracking

Macro Logging

AI Food Scan

Weight Progress

Sleep & Hydration

Step Counter

10

Fully designed screens with consistent component system

3

Core user flows mapped end-to-end

5+

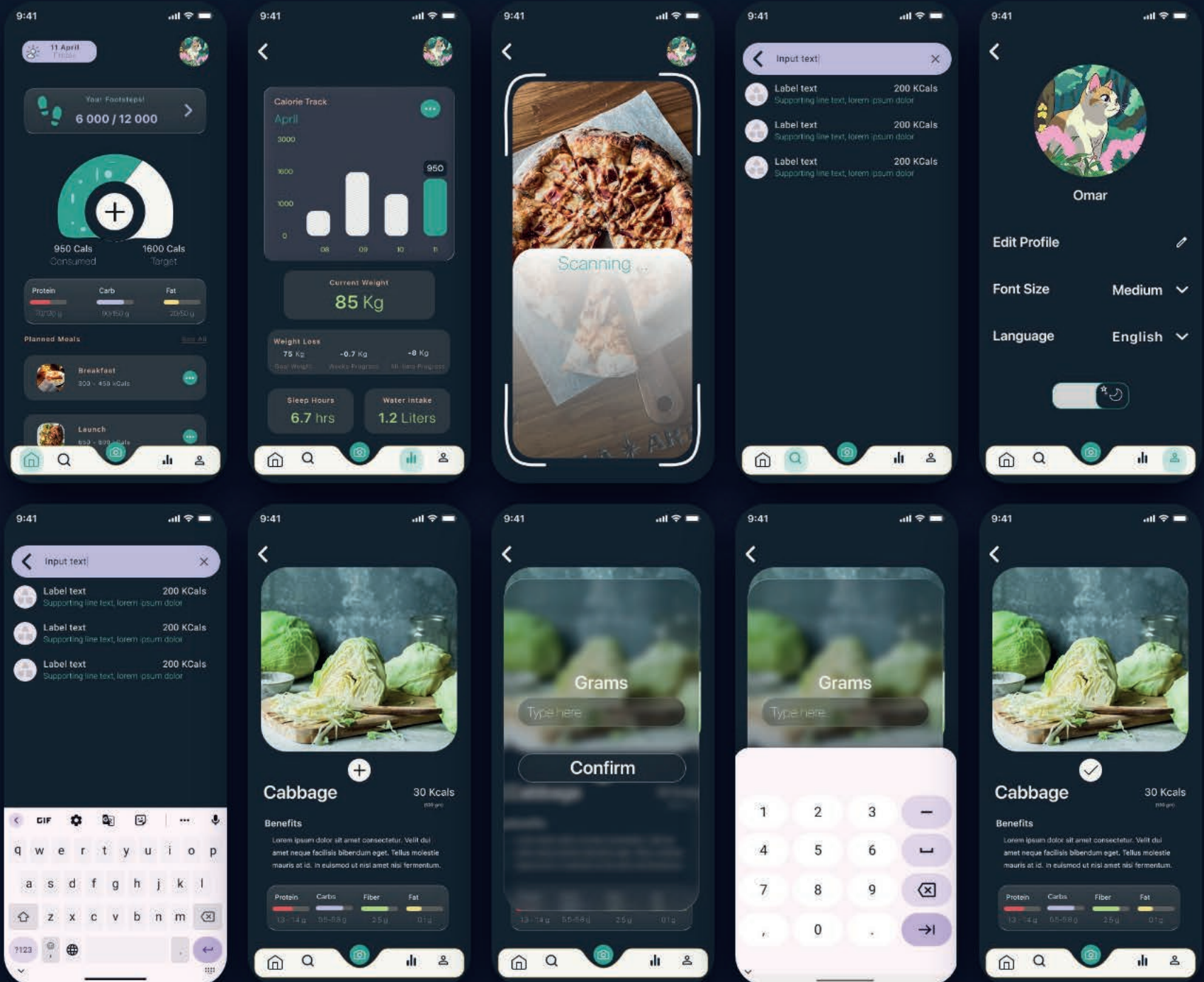
Interaction states per key component

1

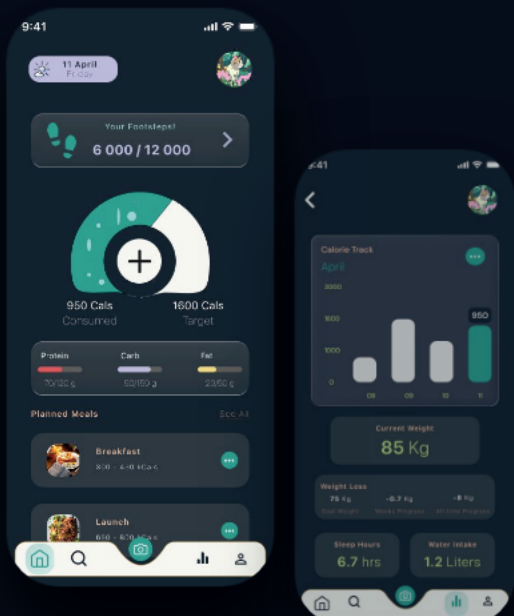
Cohesive dark design language throughout

Every screen, *considered*

A complete set of screens spanning tracking, discovery, and personalization — each one pixel-precise and purposeful.



The details that *make the difference*



01 Dashboard that tells your *story*

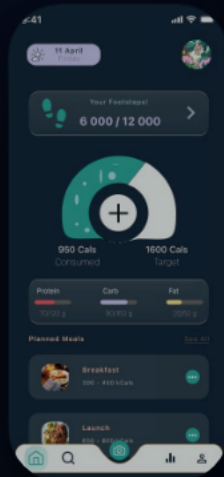
The home screen greets users with their daily footstep goal, a calorie ring showing consumed vs. target, live macros breakdown (protein, carbs, fat), and a curated list of planned meals — all without a single wasted pixel.

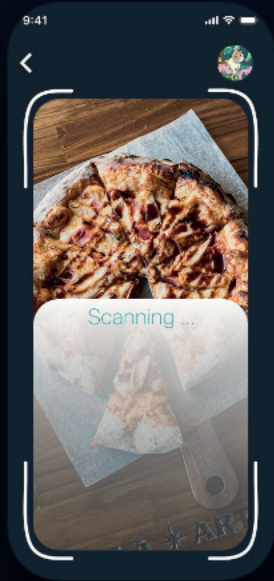
- ↳ Radial calorie indicator with real-time consumed / target split
- ↳ Macronutrient progress bars with color-coded categories
- ↳ Step counter with daily goal progress at a glance
- ↳ Planned meals listed with calorie range estimates

02 Progress that *motivates* change

The charts screen brings weight history, sleep hours, and water intake together into a single glanceable view. The bar chart highlights today's entry in teal, creating an instant visual anchor for daily check-ins.

- ↳ Weekly calorie bar chart with today highlighted in brand teal
- ↳ Current weight vs. goal weight with week & all-time deltas
- ↳ Sleep hours and water intake displayed side by side
- ↳ Overflow menu for detailed period views





03

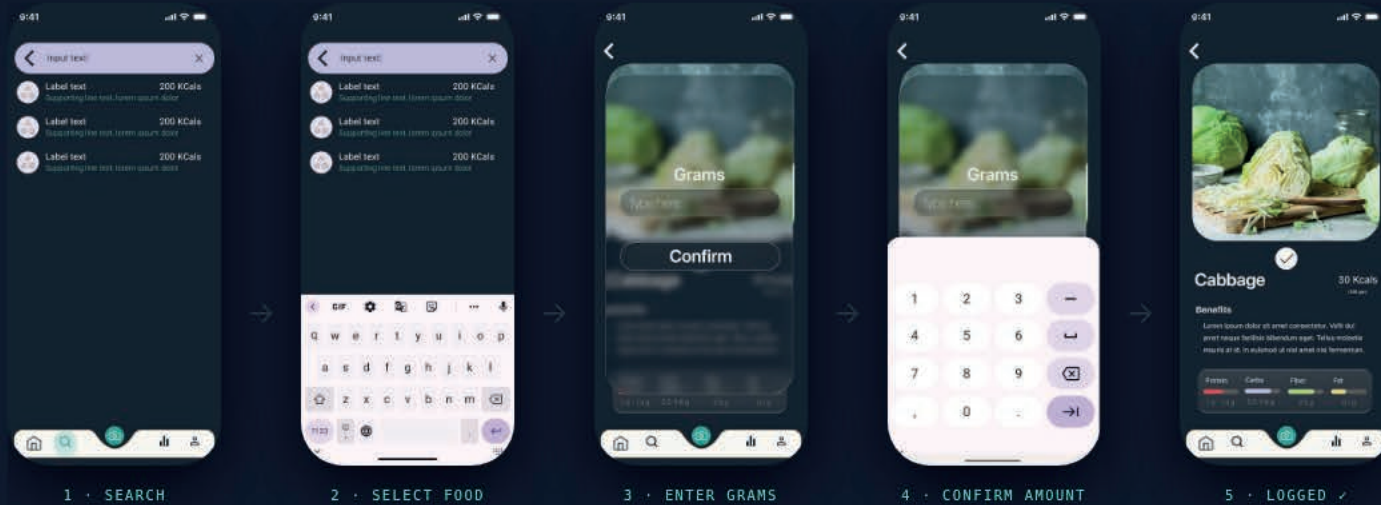
Scan a meal in *seconds*

Point. Shoot. Log. The AI-powered camera scanner identifies food from a photo and surfaces nutritional data instantly. The scanning state overlays a soft translucent panel to signal processing — unobtrusive yet clear.

- ↳ Full-screen viewfinder with corner bracket framing cues
- ↳ Animated scanning overlay with friendly "Scanning..." state
- ↳ Persistent user avatar for quick profile access
- ↳ Zero-friction: camera opens directly from bottom nav

From search to *logged* — in 4 steps

The food logging journey was optimised for speed. Every screen removes one more reason to abandon the flow.



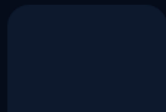
Built on a *consistent* foundation



Teal Primary
#3ECFB2



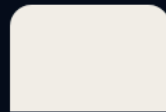
Dark Base
#141820



Dark Surface
#1C2230



Dark Elevated
#22283A



Off-White
#F4F1EC



Muted Text
#8899AA



Protein Red
#E05252



Carb Purple
#B8A9FF



Fat Yellow
#E8C84A

Display / H1

950 Cals Consumed

Heading / H2

Current Weight · 85 Kg

Body / Regular

Supporting nutritional details and descriptive content, comfortable line height for readability.

Mono / Label

PROTEIN · CARBS · FAT · FIBER

Let's build something *great* together.

I'm Omar — a UI/UX designer passionate about crafting digital experiences that are both beautiful and genuinely usable. Open to new opportunities.